

# Bracelet *Guide*

There are several ways to measure your bracelet size.

**OPTION 1.** All chain, strung or linked bracelets.

Open one of your link or chain bracelets that fits you and lay it flat. Measure from end to end including the clasps. Do not use a very thick bracelet.

**OPTION 2.** All bracelets including cuff bracelets.

1. Use a tape measure or piece of string or a ¼ wide strip of paper as your guide
2. Wrap the string or paper around your wrist just below the wrist bone
3. Mark the string or paper where it meets to form a complete circle around your wrist (fitted)
4. With a ruler, measure the length of string or paper to determine your wrist size. Then add ½ inch (15 cm) to that length.
5. For link, chain or strung bracelets, use the exact fit or loose fit on the guide below. If the beads are thick, select the loose fit. For cuff bracelets, use the exact fit as you can gently squeeze the cuff tighter once it is on your wrist.

ACTUAL WRIST MEASUREMENT		TIGHT FIT MEASUREMENT		EXACT FIT MEASUREMENT		LOOSE FIT MEASUREMENT		BRACELET SIZES
Inch	CM	Inch	CM	Inch	CM	Inch	CM	
6.29	16	6.54	16.5	6.69	17	7.08	18	X-SMALL
6.69	17	6.89	17.5	7.08	18	7.48	19	SMALL
7.08	18	7.28	18.5	7.48	19	7.87	20	MEDIUM
7.48	19	7.67	19.5	7.87	20	8.26	21	LARGE

\* Custom Sizes Available

## A NOTE ON CUFF BRACELETS:

**ALWAYS** put them on by sliding your wrist SIDEWAYS into the gap of the cuff then turn your wrist once it is inside the bracelet so that the gap is under your wrist.

**NEVER** open the cuff and put it on across the full width of your wrist and then squeeze it shut - your bracelet will break in half!